

SELF-REGULATION GROUP WINTER 2018



This group will provide a launching point for children to begin to develop self-awareness through the use of Social Thinking® curricula such as Superflex and The Incredible Flexible You, The Zones of Regulation®, The Alert Program® and Sensory Integration approaches. Through concrete concepts, social stories, and dynamic/collaborative play, the children and their parents will begin to foster an understanding of

***social rules and expectations**

***sensory motor strategies**

***common language regarding behaviors and emotions**

Who?

Boys and girls ages 8-10 are eligible for this group; however, participants will be accepted based on how well their needs and abilities fit with the group dynamic. A screening or intake may be necessary to help determine placement.

When?

January 8, 2018- March 12, 2018 on Monday evenings: 5:00pm-6:15pm

How Much?

Registration Information: \$125 per session (Eight, 75-minute sessions)

Kelly Northness MS OTR/L will be leading this group. For more information about Kelly please visit our website.