

# LET'S TRY PRESCHOOL ANOTHER WAY

FALL 2019

## A FRESH START FOR YOUR SENSORY SENSITIVE CHILD

For some children, life is too much, too fast, too loud, or too big and the transition to preschool can be challenging. Despite best efforts on all parts, some children are just not able to thrive in such a dynamic environment. A **Fresh Start** can help.

Sometimes what is required for a child to find success in a typical preschool setting is an opportunity to prepare the nervous system, ready the body and brain, learn expected behaviors, build-in supports and strategies unique to the child, and practice. We would like to help by providing a parallel experience to preschool and infusing opportunities for skills to emerge in a supported environment while collaborating with parents and the traditional preschool teachers to adapt the environment and develop methods to support the child.



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### GROUP DESCRIPTION

- Small group size with a two to one child-adult ratio
- Snack time to learn routines and explore new foods
- Use of sensory and regulation strategies and curricula
- Use of popular social learning concepts to promote social engagement
- Introduction to familiar children's games and songs often played in preschool
- Gross motor activities and gym play to foster sensory and motor development
  - Fine motor activities to support prewriting skills and sensory exploration
- Nurturing and individualized programming to meet the child's specific needs
- Please visit our website for more information about our groups and programs

Elaine Tsang, MS, OTR/L is an occupational therapist who has worked in diverse environments and has created a program that mimics a preschool daily structure and allows children to integrate the routine in a sensory and emotionally supported environment.

**Tuesdays and Thursdays, 9:00-11:00**

**September 10th- December 12, 2019 \*No group on Nov. 26th and 28th**

**Cost: \$3900 (Twenty-six, 2-hour sessions)**